WIIJI-NITAAWIGINAAWASOJIG INDIGENOUS BIRTH SERVICES

PARENTING CLASS

Location will be established closer to dates, in Ashland area

OVERVIEW

Indigenous Parenting class is a 2 day class designed to support parents/guardians raising Indigenous children. By the end of the class you should feel more confident in understanding behaviors, limits, boundaries, and how to empower children. You will learn how to teach personal responsibility and respect.

CLASS TOPICS

- Anishinaabe family structure
- Historical and family trauma
- Breaking the cycle
- Creating new healthy traditions
- Importance of culture and language

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Effective communication

Resources

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All classes are <u>free</u> with light breakfast and lunch provided Class dates: June 10-11, Oct 8-9 Time: 9:00am-1:00pm

FOR ADDITIONAL INFORMATION OR REGISTRATION PLEASE CONTACT INDIGENOUS BIRTH SERVICES KWEWAG AT INDIGENOUSBIRTHSERVICES@GMAIL.COM